

**From:** "New Mexico Direct Caregivers Coalition" <info@nmdirectcaresupport.org>  
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**To:** <adriennersmith@aol.com>  
**Subject:** A Holiday Time-Out for New Mexico Caregivers



## NEW MEXICO DIRECT CAREGIVERS COALITION

### Caregiver Time-Out - Holiday Season Boot Camp *a resource event for New Mexico caregivers*

#### About the Coalition

*The New Mexico Direct Caregivers Coalition is a statewide 501(c)6 organization created to promote the voice of family and professional caregivers and those they serve. We advocate for direct care workers' education, training, benefits, wages and professional development.*

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***NMDCC has begun training 100 Farmington-area caregivers serving people with developmental disabilities.***

***And, we're working with agencies in Las Cruces, Hobbs and Jemez Pueblo to do the same in 2014.***

***Write us***

***[info@nmdirectcaresupport.org](mailto:info@nmdirectcaresupport.org) if you'd like to host customized training for your staff.***

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***CONTACT US and get involved***

***[info@nmdirectcaresupport.org](mailto:info@nmdirectcaresupport.org)***



The New Mexico Direct Caregivers Coalition, with AARP-New Mexico, is hosting a Caregiver Boot Camp as a way to say thank you to caregivers and present an opportunity to de-stress during the holidays.

*The Caregiver Boot Camp is Thursday, December 12 from 9:30-11:00am at Sheraton Albuquerque Uptown Hotel, 2600 Louisiana Blvd, NE. All are welcome!*

The event consists of mini-presentations from caregiver resources, followed by opportunity for caregivers to talk with these experts one-on-one or in small groups.

Our organization wants to take this opportunity to again thank caregivers and all of you who have been so helpful in supporting the causes of caregivers:

- Blue Cross Blue Shield of New Mexico
- Common Counsel Foundation
- Con Alma Health Foundation
- Developmental Disabilities Planning Council
- Direct Care Alliance
- El Pueblo Health Services
- San Juan Center for Independence
- New Mexico Health Insurance Exchange
- New Mexico Workforce Connection
- Common Counsel Foundation
- Smith's Food and Drug

We also extend a hearty thank you to New Mexico Association for Home and Hospice Care for working with us to offer high-quality online courses of RCTCLearn to our own member-caregivers.

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