Dear Members and Friends,

The New Mexico Project for Financial Literacy will present Financial Literacy for Direct Caregivers courses over the next few months. Target audiences include seniors, adult children of seniors and their siblings and professionals who care for seniors.

Each course consists of two-hour classes, one night per week for five weeks. Each class will include topics on record-keeping, budgeting, Social Security, investment withdrawal, tax planning, fraud and identity theft and estate planning. Topics will also include strategies for coping with family members.

These courses are available to any family and professional caregiver at no cost.

All courses will take place at one of two senior centers: Meadowlark Senior Center (Rio Rancho, NM) and Los Volcanes Senior Center (ABQ, NM). The schedule is:

- Meadowlark Senior Center - February 12, 19, 26, March 5, 19 (Tuesdays)--7:00-9:00 pm
- Los Volcanes Senior Center - March 28, April 4, 11, 18, 25 (Thursdays)--4:30--6:30 pm

Ten credit hours of Continuing Education Units (CEUs) have been approved by the National Association of Social Workers. For those seeking CEUs, the cost is $150. There is no cost to others for these classes.

Pre-registration is required. For more information and to register, contact:

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Join the many conversations of the New Mexico Direct Caregivers Coalition:

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